



Gluten-Free Menu

Breakfast

Individual fat-free yogurt **\$4.99**

Individual Greek yogurt **\$4.99**

Plain bagels **\$4.99**

Sandwiches \$16.99 each

Made on our gluten free wraps

Fresh-Roasted Turkey

Roast Beef

Cornd Beef

Imported Ham

Tuna Salad

Chicken Salad

Italian

BLT

Kendall Square: Grilled vegetables and hummus.

Harvard Square: Grilled vegetables and boursin cheese.

MTB: Fresh mozzarella, tomato, and basil.

Salads

Side salads \$6.99 per person or \$15.99 as an entrée salad.

Served with our gluten-free, dairy-free, raspberry-vinaigrette dressing

Add Chicken/Chicken Salad/Tuna Salad/Crab meat Salad: \$2.00 pp Add Steak: \$6.00 pp

Add Salmon or Shrimp: \$6.00 pp (24-hours' notice required)

Strawberry Spinach Salad

fresh spinach with strawberries and other seasonal fresh berries

Greek Salad

fresh salad mix with black olives, tomatoes, cucumber, & feta cheese

Garden Salad

Iceberg lettuce with tomatoes, onions, cucumbers, shredded carrots and cabbage

Soups

All soups \$8.99 per 12 oz. cup or \$89.99 per gallon

Three Bean Chili—Vegetarian (Gluten Free)

Pizza

Traditional Italian Pizza \$28.99

A thin crust, authentic Italian pizza 16" with 8 slices

Individual Pizzas \$14.99

Please note that BBQ Chicken, Buffalo Chicken, Honey Mustard, White, and Plaza pizzas are not available gluten free

Entrees

Entrées with starch: \$21.99

Entrées with choice of vegetable or salad: \$23.99

Entrées with a complete meal including vegetable, salad, and dessert: \$28.99

Sweet and Sour Chicken

Gluten-free sweet and sour sauce, pineapple, red and green peppers. Served with white or brown rice

Grilled Herb Chicken in a White Wine Sauce

Boneless chicken breast sautéed in a light wine sauce seasoned with fresh herbs. Served with white or brown rice

Asian Style Stir Fried Beef & Broccoli

Made with a gluten-free stir fry sauce Served with white rice

Desserts

Coconut-Almond Macaroons \$4.99

Chocolate-Dipped Strawberries \$42.99 dozen



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Beverages

Can of Soda \$2.50

We stock the full line of Pepsi products.

2 Liters of Soda \$5.99

Bottles of Water

\$2.50

Poland Spring and assorted Polar flavored sparkling water.

Bottles of Juice

\$3.99

OJ, Apple, Cranberry, & Grapefruit

Coffee, Tea or hot chocolate \$2.99pp

Speedwell coffee, tea or hot chocolate served in our air pumps.

Disposable Carafes \$34.99

Select lemonade, iced tea, or apple cider. Serves 10.

Please note that beer and wine require 24-hours' notice

Beer

Select any of your favorite varieties.

(prices vary)

Wine

Select any of your favorite varieties.

(prices Vary)



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Box Lunches

Box Lunches may be ordered in our clear-cover boxes, white tote bags, or white boxes.

All are labeled and come with individual condiments on the side.

Downtown \$21.99

Sandwich with your choice of two sides: chips, cookie, fruit salad, pasta salad or trail mix.

Top of the City \$23.99

Sandwich with your choice of three sides: chips, cookies, fruit salad, pasta salad or trail mix.

Basic Deli Platter \$22.99

Deli Platter with: Choice of Salad, Chips, & Desserts [Complete Meal]

Fresh Roasted Turkey, Rare Roast Beef, Grilled Chicken, Honey Baked Ham, Corned Beef, Italian Cold Cuts, Solid White Tuna, Classic Chicken Salad, American, Swiss and Cheddar Cheese

NOTE: Hummus can be added upon request.

Bread Choices:

French
Brioche
Bulkie
Rye
Harvest Wheat
Garlic Rosemary Focaccia
Cranberry Bread
Gluten-free Bread/Wrap

Wrap Choices

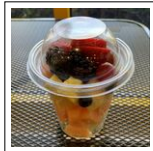
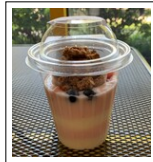
White
Wheat

Cheese Choices:

American
Swiss
Provolone
Cheddar
Boursin
Pepper jack

Chips \$2.50

Wide variety of chips, pretzels and popcorn


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Breakfast

Continental Breakfast

Assorted Pastries, Muffins, Bagels, Coffee or Tea **\$9.99**

With Juice **\$14.99**

With Fruit Salad **\$16.99**

With Juice & Fruit Salad **\$17.99**

Breakfast Sandwiches **\$8.99**

Served on English muffins, bagels & croissants

Choice of egg whites or farm fresh eggs

Bacon & cheese

Ham & cheese

Sausage & Cheese

Egg & cheese

NEW

Egg Bites **\$4.99**

Scrambled Eggs 2 Egg Bites per person

Minimum order of 12 per flavor

Bacon & Shallot Bites

Ham & Shallot Bites

Sausage & Shallot Bites

Egg & Peppers, and Shallot Bites

Egg Whites & Peppers and Shallot Bites

Fuel for the Day **\$16.99**

Assorted breakfast sandwiches and breakfast burritos served with fresh fruit salad and coffee or tea

Oatmeal Bar **\$8.99**

Hearty oatmeal served in a crock pot with your choice of 4 toppings

Raisins

Dried cranberries

Sliced strawberries

Sliced bananas

Granola

Walnuts

Almond

Brown sugar

Maple syrup

Plaza Breakfast **\$17.99**

Scrambled eggs, home fries, bacon & sausage

With Coffee **\$18.99**

Kendall Breakfast **\$16.99**

Choice of pancakes (buttermilk, blueberry or chocolate chip) or French toast. Served with fresh fruit salad.

With Coffee **\$17.99**

Smoked Salmon Platter **\$21.99 pp**

Smoked salmon, fresh baked bagels, Bermuda onion, capers, sliced peppers, hard boiled eggs, cream cheese, sliced tomatoes & lemon wedges.

Quiche **\$25.99**

Create your own with: Ham, Bacon, Sausage, Spinach, Tomato, Feta, Broccoli, Peppers, Onions, & Mushrooms.

Serves 6 to 8 people

Bowl of Goodness **\$9.99**

Whole grain & high-fiber cereals served with sliced bananas, strawberries & skim milk.

Yogurt Parfaits **\$6.99**

Fresh cut fruit served with low fat yogurt & granola.

Fresh Fruit Salad or Fruit Platter **\$6.29 pp**

Bite-sized pieces of local, fresh, seasonal fruit.

Fresh Fruit Cups **\$6.50** (Gluten free)

Individual cups of bite-sized pieces of local fresh seasonal fruit.

Homemade Muffins and Breads **\$5.99**

An assortment of our fresh baked muffins including Blueberry, Raisin Bran, Corn, Cranberry Nut, Cinnamon, Chocolate Chip and Coffee Cake. Served with butter, jams, and cream cheese.

Mini-Pastries & Muffins **\$5.99**

A delightful presentation of our daily assortment. Two per person.

Fresh-Baked Bagels **\$5.99**

Sesame, Plain, Raisin, Onion & Everything. Served with butter, jams, and cream cheese.

Coffee Cake **\$5.99 per slice; \$39.99 whole cake**

Classic, Lemon, Blueberry, Cranberry, and Apple.

Gourmet Pastries **\$5.99**

Assorted scones, butter croissants, chocolate croissants, and turnovers.

Breakfast Sides

Hard-boiled eggs **\$4.49**

Two eggs per person.

Individual fat-free yogurt **\$4.99**

Individual Greek yogurt **\$4.99**

Home Fries **\$5.99 pp**

Sausage **\$6.99 pp**

Bacon **\$6.99 pp**

Beverages

Coffee \$2.99 pp Our organic beans are freshly roasted in Plymouth, MA by Speedwell coffee roasters.

Tea **\$2.99 pp**

Assorted Bottles of Juice **\$3.99**

Choices: Orange, Apple, Cranberry, or Grapefruit.

Bottles of Water **\$2.50**

Half Gallon of Orange Juice **\$15.99**

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Desserts

Freshly Baked Cookies, Brownies and Bars \$329pp

An assortment of our fresh-baked cookies, brownies, and pastries

Coconut Almond Macaroons \$499pp

Italian Pastries \$6.29 pp

Assortment includes, éclairs, and cream puffs.

Add cannoli's \$5.99pp

Mini Pastries \$42.99 per dozen

Assortment includes chocolate mousse cups, fresh fruit tarts, cannolis & éclairs

Chocolate-Dipped Strawberries \$42.99 per dozen

We need 24-hours' notice to create this dish.

Gourmet Cupcakes \$6.99 pp

Freshly baked cupcakes from a local bakery.

We need 24-hours' notice to create gourmet cupcakes.

Ice Cream Sundae Bar \$10.99 pp

Select your favorite flavors of ice cream and frozen yogurt. Toppings include whipped cream, chocolate sauce, butterscotch, sprinkles, walnuts, M&M's, Reese's, and maraschino cherries. Ask for any special toppings you would like.

We need 24-hours' notice to create the sundae bar.

Celebration Cakes

We need 24-hours' notice to create all celebration cakes.

Please inquire about other custom, seasonal, or special occasion desserts we can make for you.


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Entrées

Minimum order of 6 per entree

Chicken

Entrées with starch \$ 20.99

Entree with starch, and vegetable \$24.99

Entrées with a complete meal including vegetable, salad, and cookies, brownies and bars: \$28.99

Entrées with a complete meal including vegetable, salad, and cupcakes or Italian pastries: \$30.99

Chicken Kabobs

Chicken tips on a skewer with BBQ sauce, onions and peppers and cooked on the charcoal grill. Two skewers per person. Served with your choice of starch.

Chicken, Broccoli, and Ziti

Strips of chicken tenders, fresh broccoli, and ziti sautéed together with a delicious garlic and Parmesan cheese sauce.

Chicken Parmesan

Delicious golden-fried chicken breast topped with marinara sauce and mozzarella cheese, baked to perfection. Served with ziti and marinara.

Mediterranean Chicken and Pasta

Penne pasta with artichoke hearts, olives, roasted red peppers, capers and feta cheese in a light white wine sauce.

Grilled Herb Chicken in a White Wine Sauce

Our chef's own creation. Boneless chicken breast sautéed in a light wine sauce seasoned with fresh herbs. Served with your choice of starch.

Chicken Marsala

Silver dollar sized pieces of tender chicken breast, pan seared and sautéed in a mushroom and wine sauce with prosciutto. Served with white or brown rice.

Chicken Piccata

Chicken breast cutlets, dredged in flour, browned, and served with a sauce of butter, lemon juice, capers and white wine. Served with your choice of starch.

Sweet and Sour Chicken

Sweet and sour sauce, pineapple, red and green peppers. Served with white or brown rice.

Chicken Cacciatore

Sautéed green and red peppers, onions and mushrooms, simmered in a marinara sauce with boneless or bone-in chicken. Served with ziti.

Corn Bread and Apricot-Stuffed Chicken

Chicken breast baked golden brown and stuffed with a spectacular cornbread and apricot stuffing. Served with your choice of starch.

Stuffed Chicken Breast

Boneless chicken breast stuffed with a traditional poultry stuffing and topped with a tarragon sauce. Served with your choice of starch.

Rotini, Pesto, and Chicken

Tricolor rotini, homemade pesto sauce and medallion-cut grilled chicken.

Beef

Entrées with starch \$ 20.99

Entree with starch, and vegetable \$24.99

Entrées with a complete meal including vegetable, salad, & cookies, brownies & bars: \$28.99

Entrées with a complete meal including vegetable, salad, & cupcakes or Italian pastries: \$30.99

Beef Kabobs

Steak tips on a skewer with BBQ sauce, onions and peppers and cooked on the char grill. Two skewers per person. Served with your choice of starch.

Marinated Steak Tips

Marinated steaks tips seared on the grill served with your choice of starch.

Marinated sirloin tips cooked on the grill served with your choice of starch.

Asian Style Stir Fried Beef and Broccoli

Served with white or brown rice

Meat Lasagna

Layers of pasta, covered with baked ground beef sautéed in a marinara sauce topped with mozzarella cheese baked golden brown. Served with extra sauce on the side

Minimum order of 8

Beef stir-fry with Asian Vegetable

served with white or brown rice

Seafood

Entree with starch: \$22.99

Entree with starch, and vegetable: \$26.99

Entrées with a complete meal including vegetable, salad, and cookies, brownies and bars: \$30.99

Entrées with a complete meal including vegetable, salad, and cupcake or Italian pastries: \$32.99

Tequila Lime Salmon (24 hr notice)

North Atlantic Salmon grilled or poached to a flaky perfection with a tequila lime sauce. Served with mango chutney and your choice of starch.

Shrimp Scampi

Served over linguine.

Baked Haddock (24 hr Notice)

fresh haddock sprinkled with bread crumbs baked in a light garlic butter sauce. Served with your choice of starch.

Shrimp Kabobs

Grilled shrimp with peppers and onions lightly seasoned with your choice of starch.

Pasta

*Hot Entrées with choice of vegetable: \$19.99

Entrées with a complete meal including vegetable, salad, & cookies, brownies & bars: \$23.99

Entrées with a complete meal including vegetable, salad, & cupcakes or Italian pastries: \$25.99

Whole wheat pasta available upon request.

**Exception: Lobster, Short Rib Beef, and Surf and Turf Raviolis.*

Pasta Primavera

Can be made Vegan

Pink creamy alfredo sauce simmered with vegetables and bow tie pasta cooked al dente

Macaroni and Cheese

A traditional American comfort food.

Potato Gnocchi

Hand made style gnocchi with a marinara sauce.

(Cauliflower, Spinach, & Pumpkin Gnocchi available via advanced notice)

Baked Ziti

Can be made Vegan

An old Italian favorite—ziti baked with our signature marinara sauce and a blend of cheeses.

Baked Tortellini

Cheese tortellini baked with three cheeses (parmesan, mozzarella, and cheddar), spinach and a creamy garlic sauce.

Vegetable Lasagna

Zucchini, summer squash, carrots & peppers mixed with ricotta & parmesan Cheese topped with mozzarella and marinara sauce.

Minimum order of 8

Butternut Squash Ravioli

One of our favorites with our homemade whiskey sage cream sauce.

Mediterranean Vegetable Ravioli - vegan

Roasted vegetable medallion raviolis with marinara sauce.

Wild Mushroom Ravioli

Wild mushroom ravioli wrapped in a fresh dough with a light creamy white sauce.

*Lobster Ravioli \$24.99

Lobster Ravioli in a tarragon cream sauce.

*Short Rib Beef Ravioli \$24.99

Short rib beef ravioli tossed in a beef demi glaze.

*Surf & Turf Ravioli \$29.99

Lobster Ravioli in a tarragon cream sauce. Short rib beef ravioli tossed in a beef demi glaze.

Vegetarian and Vegan

Entrées with choice of vegetable or starch: \$18.99

Entrees with starch, and vegetable: \$22.99

Entrées with a complete meal including vegetable, salad, & cookies, brownies & bars: \$23.99
Entrées with a complete meal including vegetable, salad, & cupcakes or Italian pastries: \$25.99
Whole wheat pasta available upon request.

Tofu Kabobs
Vegan

Seasoned tofu on a skewer with onions and peppers and cooked on the char grill. Two skewers per person. Served with rice pilaf.

Eggplant Parmesan

Layers of fried eggplant, smothered in our homemade marinara sauce, topped with mozzarella cheese and baked to a bubbling masterpiece. Served with ziti and marinara sauce.
Minimum order of 8

Vegetable and Tofu Stir Fry

Served with white or brown rice

Jumbo Stuffed Peppers

Can be made Vegan

Stuffed with brown rice, shredded and grated parmesan cheese, Italian seasoning, zucchini, squash, shallots, and chives, topped with melted provolone. Available with beef, chicken, or vegetarian.

Rolled Eggplant

Thinly sliced eggplant with ricotta, parmesan & mozzarella cheese, fresh basil and marinara sauce.
Available with prosciutto upon request.
Minimum order of 8

Vegetables

(Side orders \$5.99 pp)
Minimum order of 6 people

Mixed Grilled Vegetables
Grilled Asparagus with olive oil and parmesan
Candied Carrots
Roasted Garlic Lemon Broccoli
Caramelized Brussels Sprouts with Lemon
Crispy Roasted Cauliflower

Starches

(Side orders \$5.99 pp)
Minimum order of 6 people

Rice Pilaf
Wild Rice
White Rice
Brown Rice
Baked Potatoes
Mashed Potatoes
Rosemary Roasted Potatoes

Rolls available upon request.

24 hour cancellation policy

Minimum order of 6 Entree's



Hors d'œuvres / Appetizers

Appetizers are available individually packaged upon request for additional fee.

Seafood

Jumbo Shrimp Cocktail \$45.99 dozen

Coconut Shrimp \$45.99 dozen

Served with mango chutney.

Smoked Salmon Canapés \$42.99 dozen

Cream cheese, capers, and fresh basil on crostini.

Scallops wrapped in Bacon \$42.99 dozen

Mini Crab Cakes \$42.99 dozen

Served with tartar sauce.

Crab Rangoon \$42.99 dozen

Served with duck sauce.

Chicken

Buffalo Chicken Wings \$39.99 dozen

Served with bleu cheese.

Chicken Wings \$39.99 dozen

Choice of sauce: Teriyaki, BBQ or Honey Mustard.

BBQ Chicken Fingers \$39.99 dozen

Chicken Fingers \$39.99 dozen

Served with duck sauce or honey mustard.

Chicken Pot stickers \$39.99 dozen

Served with duck sauce.

Garlic Chicken Satay \$39.99 dozen

Marinated chicken with basil puree.

Chicken Quesadillas \$39.99 dozen

Served with salsa, sour cream, and guacamole.

Beef

Arancini (Italian Rice Balls) \$42.99 dozen

Italian rice balls stuffed with beef, cheese, and peas, coated with breadcrumbs and fried served with marinara sauce.

Beef Skewers \$42.99 dozen

Charcoal-grilled beef with BBQ sauce, grilled peppers, and onions.

Meatballs \$42.99 dozen

Served with marinara sauce or duck sauce.

Sliders \$42.99 dozen

Cheeseburger, pulled pork, buffalo chicken or veggie burgers.

Beef Wellington \$42.99 dozen

Philly Cheesesteak Spring Rolls \$42.99 dozen

Beef Empanadas \$42.99 dozen

Vegetarian

Fruit Skewers \$2.99 skewer

Served with a yogurt dipping sauce.

Caprese Skewers \$2.99 skewer

Mozzarella, tomato and fresh basil served with our homemade balsamic dressing.

Tomato, Mozzarella, and Basil Bruschetta \$2.99 piece

Vegetable Skewers \$34.99 dozen

With Italian seasoning

Stuffed Mushrooms \$34.99 dozen

Choice of seafood, sausage or spinach stuffing

Vegetable Spring Rolls \$34.99 dozen

Served with duck sauce

Battered Mozzarella Sticks \$34.99 dozen

Served with marinara sauce

Spanakopita \$34.99 dozen

Vegetable Quesadillas \$34.99 dozen

Served with salsa, sour cream, and guacamole

Platters

Fruit Platter \$6.29 pp

Fruit and Cheese Platter \$7.99 pp

Vegetable Crudités \$6.99 pp

Cheese and Cracker Platter \$6.99 pp

Antipasto Platter \$12.99 pp

Marinated vegetables, salty olives, natural deli meats and rich cheeses

Mediterranean Platter \$10.99 pp

Roasted red pepper hummus, tabouli, falafel, feta, black olives, roasted red peppers & fresh pita bread

Chips and Dip \$6.99 pp

Tortilla chips, salsa, guacamole, and sour cream

Homemade Potato Chips and Onion dip \$6.99 pp

Homemade potato chips fried golden brown with homemade onion dip

Fried Zucchini Chips \$4.99 pp

Served with ranch dressing

Five-Layer Dip \$7.99 pp

Sour cream, cream cheese, guacamole, salsa, cheddar cheese, and fresh cilantro Served with tortilla chips

Spinach and Artichoke Dip \$6.99 pp

Served with pita chips


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Lunch

(All lunch packages are priced per person.)

All sandwich platters may be specifically ordered or creatively prepared by our master sandwich chef.

All sandwiches include pickles and mayo & mustard on the side.

Bostonian \$23.99

An assortment of sandwiches and wraps served with your choice of two salads, chips and our fresh baked cookies, brownies and dessert bars.

Traditional \$22.99

An assortment of sandwiches and wraps served with your choice of salad, chips, and our fresh baked cookie, brownies and dessert bars.

East Coast \$20.99

An assortment of sandwiches and wraps, chips, and our fresh baked cookies, brownies and dessert bars.

Budget Saver \$15.99

An assortment of sandwiches and wraps.

Signature Sandwiches \$15.99 pp

Thanksgiving

Freshly roasted turkey, cranberry sauce and stuffing on cranberry bread.

California

Smoked turkey, avocado, pepper jack cheese, bacon and tomato on an oat roll.

Buffalo Chicken Wrap

Spicy buffalo chicken with fresh Romaine & creamy bleu cheese in a white wrap.

Capicola and Grilled Eggplant

Capicola and grilled eggplant with arugula, Havarti cheese, balsamic vinegar, and olive oil on french bread.

Signature Grilled Chicken

Grilled chicken with spinach, caramelized onions, roasted red peppers, cheddar cheese, and balsamic vinaigrette.

Asian Mandarin Chicken Wrap

Grilled sesame chicken, Mandarin Oranges, crunchy Chinese noodles, almonds, lettuce, tomatoes, cucumber and sesame vinaigrette.

Italian Stallion

Provolone cheese, capicola, genoa salami, mortadella, roasted red peppers, banana peppers, red onion, and balsamic dressing on a toasted Ciabatta bread.

Crimson

Lean roast beef, extra sharp cheddar, caramelized onions, and horseradish.

Cold Deli Sandwiches \$15.99 pp

Hand carved Roasted Turkey

Roast Beef

Corned Beef

Imported Ham

Grilled Chicken with Honey Mustard

Tuna Salad

Chicken Salad

Crabmeat Salad

Egg Salad

Tarragon Chicken Salad with grapes.

Italian Tuna: Tuna with peppers, onions, balsamic dressing and red wine vinegar.

Italian: Mortadella, hot ham, salami, and provolone cheese.

Hot Sandwiches \$15.99 pp

Chicken Cutlet Parmigiana

Eggplant Parmigiana

Steak Tips

Meatball

BLT

Grilled Reuben: Grilled corned beef with sauerkraut, Swiss cheese, and Russian dressing on rye.

Hot Pastrami: Romanian pastrami glazed with brown sugar.

Chicken Piccata: Flour-breaded chicken in a lemon caper sauce.

Burritos: Chicken, Beef, or Vegetarian with white rice, black bean, cheddar cheese, lettuce, tomatoes, and hot sauce.

Vegetarian Sandwiches \$15.99 pp

Kendall Square (Vegan)

Roasted veggies and hummus.

Harvard Square

Grilled veggies and boursin cheese.

Hummus and Tabouli (Vegan)

Fresh romaine, tomato, hummus & tabouli.

MTB

Fresh mozzarella, tomato, and basil.

Falafel

A deep-fried chickpea patty with lettuce, tomato, and Greek dressing.

Portabella Mushroom

Portabella mushroom with mixed greens, havarti cheese, tomatoes and our homemade balsamic dressing.

Eggplant Parmigiana \$15.99

Breaded, fried eggplant with melted mozzarella and marinara sauce.

Gluten Free Sandwiches \$16.99

24 hour cancellation policy


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Pizza and Calzones

Traditional Italian Pizza \$27.99

A thin crust, authentic Italian pizza. 16" with 8 slices.

Whole wheat and gluten-free crusts are available upon request.

Gluten Free Pizza \$28.99*

Sicilian Pizza \$43.99 (\$6.00 per topping)

Thick crust, sheet-pan size pizza.

24 Slices (1 to 1½ slices per person).

Individual Pizzettas \$13.99

Calzones \$27.99

Each calzone is cut into 10 slices and serves 3 to 5 people.

Create your own pizza or select one of our specialty creations.

Toppings

Pepperoni
Sausage
Imported Ham
Meatballs
Grilled Chicken
Honey Mustard Chicken
Artichoke Hearts
Summer Squash
Mushroom
Red Onions
Caramelized Onions
Broccoli
Spinach
Zucchini
Eggplant
Red & Green Peppers
Jalapenos Peppers
Black Olives
Pineapple
Fresh Basil

Specialty Pizzas

BBQ Chicken

BBQ grilled chicken, BBQ sauce, mozzarella and Romano.

Buffalo Chicken

Hot and spicy marinated chicken, mozzarella and Romano.

Chicken Fajita

Grilled chicken, jalapeno peppers, red onions, black olives, red sauce, mozzarella and Romano.

Chicken Pesto

Grilled chicken, homemade pesto, fresh tomatoes, mozzarella and Romano.

Honey Mustard

Marinated sweet honey mustard chicken, peppers, red sauce, mozzarella and Romano.

Meat Combo

Pepperoni, meatballs, sausage, bacon, Italian cold cuts, red sauce, mozzarella and Romano

Veggie Lovers

Mushrooms, peppers, summer squash, broccoli, zucchini, red sauce, mozzarella and Romano

White

Broccoli, grilled chicken, Alfredo sauce, mozzarella and Romano

Hawaiian

Fresh pineapple, imported ham, red sauce, mozzarella and Romano

Greek

Spinach, tomatoes, black olives, red sauce, feta, mozzarella and Romano

Mexican

Black beans, black olives, jalapeno peppers, oregano, spicy red sauce, cheddar and Romano

Plaza

Bacon, chicken, ranch dressing, mozzarella, and Romano


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Salads

All side salads are \$6.99 per person or \$13.99 as entrée salad

Add Chicken/Chicken Salad/Tuna Salad \$2.00pp

Add Steak \$6.00 pp

Add Salmon or Shrimp \$6.00 pp (24 hours' notice required).

Signature Mesclun Salad

Feta cheese, dried fruit, nuts, cherry tomatoes and raspberries over a bed of mesclun lettuce served with our homemade balsamic dressing or a fat-free balsamic dressing

Strawberry Spinach Salad

Fresh spinach with strawberries and other seasonal fresh berries; homemade balsamic dressing

Caesar Salad

Fresh Romaine lettuce, parmesan cheese, croutons served with Caesar dressing

Greek Salad

Fresh salad mix with black olives, tomatoes, cucumber, and feta cheese served with Greek dressing

Garden Salad

Iceberg lettuce with tomatoes, onions, cucumbers, shredded carrots and cabbage served with Raspberry Zinfandel Vinaigrette

Mediterranean Mix

Hummus, tabouli, falafel, black olives, and roasted red peppers over a bed of Romaine and served with tahini dressing

Cobb Salad

Hard-boiled egg, bacon bits, fresh tomatoes, avocado and crumbled bleu cheese over a bed of Romaine and served with ranch dressing

Oriental Thai Salad

Crunchy Chinese noodles, Mandarin oranges, baby corn and water chestnuts with fresh spinach and served with a Thai dressing with peanut oil

Santa Fe Salad

Fresh salad mix with cheddar cheese, black olives, jalapenos, red and green peppers, and avocado served in a soft flour tortilla shell with a house Spanish vinaigrette dressing

Tortellini Feta Pasta Salad

Cheese tortellini mixed with peppers, onions, spinach and a creamy feta cheese spread. Garnished with tomatoes and black olives

Pasta Primavera Salad

Bowtie pasta, broccoli, summer squash and peppers tossed in a creamy garlic sauce

Rotini Pasta Salad

Rotini, peppers, carrots and zucchini mixed with Italian dressing and sprinkled with shredded parmesan

Red Bliss Potato Salad

Red bliss potatoes mixed with peppers, onions and hard-boiled eggs mixed with mayo



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Soups

All soups are \$8.99 per 16-ounce cup or \$89.99 per gallon.

Select any of our daily specials for catering.

Additional specialty soups are available with 48 hours notice.

Soups by the gallon are served in a crock pot.

Daily soups

Chicken Noodle

Minestrone

Italian Wedding

Angus Steak Chili

3 Bean Vegetarian Chili

Tomato Garden vegetable



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Theme Meals

Thanksgiving \$28.99 pp

Fresh-Roasted Turkey
Signature Mesclun Salad
Mashed Potatoes and Gravy
Stuffing
Cranberry Sauce
Apple or Pumpkin Pie (seasonal)

Mexican \$28.99 pp (24 hr notice for burritos)

Make Your Own Fajita Bar
OR
Assorted Beef, Chicken & Vegetarian Burritos
Five Layer Dip and Tortilla Chips
Santa Fe Salad
Flan or Cupcakes
(Please allow 24-hours' notice for Flan.)

Italian \$28.99 pp

Chicken Parmigiana and Eggplant Parmigiana
OR
Meat Lasagna and Vegetable Lasagna
Caesar Salad
Homemade Garlic Bread
Grilled Asparagus
Italian Pastries

Asian \$28.99 pp

Beef, Chicken & Tofu Stir Fry
White or Brown Rice
Oriental Thai Salad
Vegetable Spring Rolls
Cupcakes

Baked Potato Bar \$28.99 pp

Baked Potatoes served with sour cream, butter, chives, bacon, steamed broccoli and cheese
Meat Chili
Vegetarian Chili
Corn Bread
Macaroni and Cheese
Cupcakes

Backyard BBQ \$28.99 pp

BBQ Ribs
BBQ Chicken
Corn Bread
Potato Salad
Corn on the Cob
Fried Pickles
Cupcakes



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Snack Boxes

Protein & Pretzels Snack Box | \$5.99 each

Peanutbutter and pretzels. Minimum order of 12

Fruit & Cheese Snack Box | \$6.99 each

Cheese, grapes and crackers. Minimum order of 12

Vegetable Crudite Snack Box | \$5.99 each

Fresh raw vegetables with ranch dip. Minimum order of 12

Mediterranean Snack Box | \$5.99 each

Hummus and pita chips. Minimum order of 12

Fruit Snack Box | \$5.99 each

Cut seasonal fruit. Minimum order of 12

Caprese Italian Snack Box | \$6.99 each

Mozzarella, tomatoes, and basil. Minimum order of 12

Charcuterie Snack Box | \$6.99 each

Pepperoni, salami, cheese, and fruit. Minimum order of 12

Tortilla Chips Snack Box | \$5.99 each

Tortilla chips with salsa. Minimum order of 12




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Fruit Cup

VEGAN MENU

BREAKFAST

Tofu & Veggie Burrito | \$9.99

Roasted vegetables and chopped tofu blended together in burrito wrap

Avocado Toast | \$6.99

2 Slices Multigrain toast with avocado slices and salt & pepper on the side Minimum order of 6.

Fruit Cup - Side Order | \$6.50

Seasonal fresh fruit cut up in an individual container

Home Fries - Side Order | \$5.99

Seasoned home fries potatoes.

Kendall
Square Wrap

LUNCH

Wraps & Salads

Kendal Square Wrap | \$15.99

Roasted mixed vegetables and hummus on a wrap

Hummus and Tabouli Wrap | \$15.99

Hummus and tabouli with fresh romaine lettuce, and tomatoes on a wrap

Harvard Square Wrap | \$15.99

Grilled mixed vegetables and vegan cheese on a wrap

Strawberry Spinach Salad | \$13.99

Fresh spinach with strawberries and other seasonal fresh berries, with a fat-free balsamic dressing.

Signature Mesclun Salad | \$13.99

Mesclun lettuce mix with dried fruit, nuts, cherry tomatoes and raspberries served with our homemade a fat-free balsamic dressing.

Garden Salad | \$13.99

Iceberg lettuce with tomatoes, onions, cucumbers, shredded carrots and cabbage served with raspberry zinfandel vinaigrette

Rotini Pasta Salad | \$13.99

Rotini pasta, peppers, carrots and zucchini mixed with Italian dressing.

Jumbo
Stuffed
Pepper

HOT ENTREES

Minimum orders of 4

Tofu Kabobs | \$18.99

Seasoned tofu on a skewer with onions and peppers and cooked on the char grill. Two skewers per person. Served with rice pilaf

Pasta Primavera | \$18.99

Mixed vegetables and bow tie pasta cooked al dente with oil and garlic.

Potato Gnocchi | \$18.99

Hand made style gnocchi with a marinara sauce

Baked Ziti | \$18.99

An old Italian favorite—ziti baked with our signature marinara sauce and with vegan cheese

Vegetable and Tofu Stir Fry | \$18.99

Mixed vegetables and tofu served with white or brown rice.

Jumbo Stuffed Peppers | \$18.99

Stuffed with brown rice, Italian seasoning, zucchini, squash, shallots, and chives.

Mediterranean Vegetable Ravioli | \$18.99

Roasted vegetable medallion raviolis with marinara sauce



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